

## CURRICULUM VITAE

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Family Medicine  
Diplomat, American College of Osteopathic Family Physicians

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### EDUCATION

<b>Philadelphia College of Osteopathic Medicine</b> Degree of Doctor of Osteopathy	<b>Philadelphia, PA</b> June 1978
<b>St. Joseph's University</b> Bachelor of Science, Biology	<b>Philadelphia, PA</b> June 1974

### INTERNSHIP AND RESIDENCY

<b>Metropolitan Hospital</b> Residency, Family Practice	<b>Philadelphia, PA</b> 1979-1981
<b>Botsford General Hospital</b> Rotating Internship	<b>Farmington Hills, MI</b> 1978-1979

### EXPERIENCE

<b>Family Private Practice</b> Montrose, CA	1989-Present
Glendale, CA	1983-Present
Tarzana, CA	1986-1989
<b>Westminster Free Family Clinic</b> Founder, CEO, Chief Medical Officer	1993-Present
<b>Glendale Physicians Associates</b> Medical Director	2006-2010
<b>Glendale Adventist Medical Center</b> Chief of Staff	2006-2007
Chief of Staff Elect	2005-2006

## EXPERIENCE (continued)

Secretary Treasurer Medical Staff	2004-2005
Chairman, Department of Family Medicine	1998-2004
Member at Large, Executive Committee	1994-1998
Medical Director, Adolescent Care Unit	1984-1987
Family Practice Steering Committee	1993-Present
Chairman, Well Being Committee	2016-Present

**College of Osteopathic Medicine of the Pacific Western University**

Associate Professor, Family Medicine and Senior Physicians	1981-Present
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**Hillcrest Hospice**

Medical Director	2010-2014
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**Ararat Nursing Home**

Medical Director	2006-2014
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**Autumn Hills Skilled Nursing Center**

Medical Director	1995-Present
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**Verdugo Hospice**

Medical Director	2005-2008
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**Universal Primary Care Medical Group**

Medical Director	1992-2002
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**Pasadena A (Alzheimer's) House**

Medical Director	1985-1987
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**Adventist Health**

Utilization Review Committee Member	1995-Present
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**American Osteopathic Association**

California Delegate to House of Delegates	2007-2019
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**American College of Osteopathic Family Physicians**

President, State of California	2003-2004
Board Member	1984-2019

**Premier Medical Associate IPA**

President	1994-1998
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## EXPERIENCE (continued)

<b>Wilson Medical Group</b> President	1992-1997
<b>Gumri, Armenia</b> International Missionary Work	1995
<b>Woodview Calabasas Hospital</b> Attending Physician	1987-1992
<b>Coldwater Canyon Hospital</b> Attending Physician	1985-1988
<b>Pasadena Community Hospital</b> Attending Physician	1985-1988

## AWARDS

<b>Osteopathic Physicians and Surgeons of California</b> Life Time Achievement Award	2014
<b>Adventist Health</b> Physician of the Year	2011
<b>AstraZeneca</b> Spirit of Humanity	2010
<b>American Osteopathic Foundation</b> Physician of the Year	2009
<b>Fellows Paper Crest Award</b> American College of Osteopathic Family Physicians	2009
<b>Top 10 Finalist, J.H. Kanter Award</b>	2009
<b>Health Care Foundation Glendale Adventist Medical Center</b> George Abelmann Award	2005
<b>American College of Osteopathic Family Physicians</b> Family Physician of the Year, State of California Chapter	2004
<b>Family Circle Magazine</b> Recognition for organization of Westminster Free Family Clinic	May 2003

## AWARDS (continued)

<b>Osteopathic Physicians and Surgeons of California</b> Physician of the Year	2003
<b>Conejo/Las Virgenes Future Foundation</b> Citizen of the Year Award in Business and Health Care	2001
<b>Medical Economics Magazine</b> Recognition as "Doctor Who Goes the Extra Mile"	October 2001
<b>Richard E. Eby Humanitarian Award</b> Osteopathic Physicians and Surgeons of California for work during Northridge Earthquake	1995/2010
<b>California State Assembly</b> Certificate of Recognition for Commitment to Children of Glendale and Glendale Healthy Kids	1990
<b>College of Osteopathic Medicine of the Pacific</b> Certificate of Appointment as Associate Professor of Family Medicine	1984

## CERTIFICATIONS

<b>Fellow Institute of Leadership in Medicine</b> October 2013
<b>American College of Osteopathic Family Physicians</b> Board certified since 1981.
<b>Fellow American College of Osteopathic Family Physicians</b> March 2009 - Present
<b>American Medical Directions Associations</b> Certified Medical Director (CMD), April 1997 - Present

## LICENSURE

<b>Physicians and Surgeon's Certificate, California</b>	1981-Present
<b>Osteopathic Medicine and Surgery, Pennsylvania</b>	1979
<b>Osteopathic Medicine and Surgery, Michigan</b>	1979
<b>Medicine and Surgery, New Jersey</b>	1980
<b>Physician, Massachusetts</b>	1981
<b>Physicians and Surgeons, Rhode Island</b>	1986

## PROFESSIONAL MEMBERSHIPS

<b>American College of Osteopathic Family Physicians</b>	
Editorial Committee	2010-2015
Practice Management Subcommittee on Patient Centered Medical Home	
<b>American College of Osteopathic Family Physicians of California</b>	
Board Member at Large	1984-Present
<b>American Medical Directors Association</b>	1997-Present
<b>American Osteopathic Association</b>	1978-Present
<b>Osteopathic Physicians and Surgeons of California</b>	
Executive Committee	2000-2002
Vice Chair of Continuing Medical Education	1996
State of California Legislative Committee	2010-Present
State of California Medicare Committee	2010-Present
State of California Managed Care Committee	2010-Present

## ARTICLES

Patient Activation for Population Health: Shifting from a Fee-for-Service Model Toward a Proactive, Preventive Approach with Increased Engagement. (2014)

A Bold New Path in Health Care: How Patients and Allied Health Professionals Can Work Together to Process Knowledge while Simplifying the Complex and Improving Efficiency, Quality of Care, Lives of Patients and Cost Reductions. (2013)

Transformational Innovation: Patient Activation. (2013)

Resuscitating Association and Organization Membership. (2012)

Teaching the Definitional difference between DOs and MDs (July 2012)  
Osteopathic Family Physician, Vol. 4, Issue 4, Pages 128-129. (July 2012)

How a Chief Learning Officer Can Resuscitate Your Philanthropy Initiatives (2012)

The Spectrum of Consequences of a Disruptive Physician (2012)

The Power of Philanthropy and Grant Management Degree Programs (2011)

ARTICLES (continued)

Patient Centered Medical Homes with the Osteopathic Profession's Support: Transformational, Evolutionary, and Possible (2011)

Hospital Fundraising: Success Snapshots (2011)

Leadership in Healthcare Must Transition from MBAs to Doctors (April 2011) Medical Economics

Designing the Solution: Disruptive Innovation in Health Care (2011)

Designing the Solution: Pivotal Chief Learning Officer Role in Innovating Health Care (2010)

Utilizing Medical Homes to Manage Chronic Conditions (July 2010) Osteopathic Family Physician, Vol. 2., Issue 4, Pages 102-107.

Utilizing Medical Homes to Manage Chronic Conditions (2009)

Health 2.0 – Merging the Concept of Virtual Social Networking with Health Information (2009)

Reference Guide for Weight Loss Options – Review of the Literature (2009)

Making Teen Parts of the Solution: The Westminster Free Clinic Model (2008)

PRESENTATIONS

Osteopathic Physicians and Surgeons of California Fall Convention Keynote Speaker. September 2017. The Power of Empathy.

ACOFPCA'42. August, 2017. Disruptive Innovation in Primary Care.

Estes Park Institute. January 2016 and February 2017. Communities That Health Themselves and Each Other.

ACOFPCA'41. August, 2016. Health Care Disparities. Five Key Questions and Answers.

TOURO. April, 2016. The Empathy Project: Empathetic Engagement in Patient Care.

Missouri American College of Osteopathic Family Physicians. February 2014. Leadership in Healthcare.

Physician Leadership Institute. October 2013. A Bold New Path in Delivery Health Care.

Armenian Medical World Congress. July 2013. Healthcare is About Service, Caring, and a Calling.

Adventist Corporate Think Tank. April 2013. Charting a Course: Disruptive Innovation in Fundraising.

OMED. 2012. Spectrum of Consequences of a Disruptive Physician.